



Athena: Goddess of Wisdom

College of Stoic Philosophers Stoic Preparatory Course

Parental Consent Form

Dear Parent or Guardian,

Congratulations! You have raised an intellectually curious and independent young adult who has indicated an interest in taking a 10-week course (US\$90) with the College of Stoic Philosophers. Given that our prospective student is a minor, we ask that you indicate your consent by signing below.

This philosophy course is designed to take place completely via email between the student and teacher. Details of the course, including the syllabus, are as outlined below. Please return a scanned copy of this form to Registrar@collegeofstoicphilosophers.org.

This course is not intended to be a substitute for treatment by trained psychotherapeutic or medical professionals. If your child is in the midst of an ongoing crisis, then this is not the time to enroll in the College.

Student's name

Parent/guardian
Signature

Date

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Stoic Preparatory Course

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I. METHODS

Assignments Overview. Assignments are made with deadlines. If you need more time to complete any assignment, please consult the teacher as soon as it is apparent that the deadline will not be met.

Stoic Teacher's Role. The teacher's role is to help you achieve the goal of becoming a knowledgeable Stoic by guiding, correcting, encouraging, and confirming your study and progress over the 10-week period of this course. *Correspondence with your teacher is done by email.*

II. READING LIST

This is the required reading for this course:

1. Primary Text: *The Stoic Handbook, Preparatory School Edition*. This work can be freely downloaded as a pdf file or as an eBook and can be found in the college website library listed under Preparatory School.
2. The following books are very reasonably priced and should be in every Stoics library:
 - a) Arrian, *The Enchiridion*—also known as the “Epictetus Handbook.”
 - b) Marcus Aurelius, *Meditations*. Only the first chapter needs to be read.

III. ASSIGNMENTS

1. First, your Stoic teacher is assigned and makes contact with you. If you are under 18 years of age the first thing that needs to be completed is the “Parental Consent Form” (see the bottom of the next page). When that is done, or if you are 18 or older, then proceed to #2.
2. **Six (6) weeks:** Primary text: *The Stoic Handbook: Preparatory School Edition*. This small book is freely available either as a pdf file download or as an eBook in the College library in the section reserved for the Preparatory School. Once you are enrolled you will have written assignments sent to you by your Stoic teacher who will read and comment on the work you have completed. From *The Stoic Handbook* there will be these assignments:
 1. The Stoic Tradition
 2. Roman Stoics
 3. The DOE Mneme
 4. Four Practical Exercises
3. **Two (2) Weeks: Text:** *The Enchiridion* (aka the *Epictetus Handbook*). You will read this handbook, and from that work compile a list of 10 questions about the readings to discuss with your teacher.
4. **Two (2) Weeks:** Text: *The Meditations* of the Roman Emperor Marcus Aurelius. You will be asked to write a 500-word (minimum) “Know Thyself” essay based upon you—including your family, teachers and friends. Students will be guided on writing this essay by the brilliant work Marcus Aurelius did in the first chapter of his work, *The Meditations*.
5. Certificate suitable for framing.

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